



Written by [Christian Gomez](#) on August 7, 2025

The Red Pilling of AOC Influencer Lucy Biggers

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Millennial influencer Lucy Biggers, who helped to elect Alexandria Ocasio Cortez to Congress with an interview she did of her in 2017, discusses her journey from a pro-Barack Obama liberal who was enamored with AOC and her socialist promises to a conservative advocate of less government, deregulation, and free market capitalism. She shares how and when she met AOC, her initial enthusiasm for her progressive policies, and the factors that led to her abandoning those views in favor of smaller government and free markets. Biggers also offers insights why self-proclaimed “democratic socialist” New York City mayoral candidate Zohran Mamdani resonates with so many younger voters and how his policies would be a disaster for residents of all five boroughs.





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