



Written by [Paul Dragu](#) on November 12, 2023

Self-reliance: The Foundation of Freedom

https://media.blubrry.com/1462062/thenewamerican.com/assets/podcast/tv/NAD_231110.mp3

Podcast: [Play in new window](#) | [Download](#)

(Duration: 43:06 — 40.2MB)

Subscribe: [Android](#) | [RSS](#) | [More](#)

The first waves of European settlers to Northern America were collections of religious nonconformists, entrepreneurs, ethnic minorities (such as the Scotch-Irish), and restless adventure seekers. One thing they had in common, though, was they wanted to be left alone to live life as they saw fit. And in order to forge a life out of a land with no governments, courts, schools, or police, they had to be self-reliant. It was the self-reliant mindset that spawned the freest society in the history of mankind.



Self-reliance is the foundation of freedom, and is necessary to restoring liberty in the United States of America. In this episode, we discuss topics regarding self-reliance that are covered in *The New American's* latest collector's edition bookazine, aptly titled *Self Reliance: Foundation of Freedom*. TNA executive senior editor Steve Bonta and online editor John Larabell join Paul Dragu for a discussion about the self-reliance of the Founders, financial self-reliance, self-reliance in a worst-case scenario, food and personal defense self-reliance, and why it's important to the world that the United States be fully restored as the land of the free.

RELATED

[Click here](#) to order *Self Reliance: Foundation of Freedom*.

If you'd prefer to call for your copy, **call 800.727.8783** Monday through Friday from 8 a.m. to 5 p.m. CST.



Subscribe to the New American

Get exclusive digital access to the most informative, non-partisan truthful news source for patriotic Americans!

Discover a refreshing blend of time-honored values, principles and insightful perspectives within the pages of "The New American" magazine. Delve into a world where tradition is the foundation, and exploration knows no bounds.

From politics and finance to foreign affairs, environment, culture, and technology, we bring you an unparalleled array of topics that matter most.



[Subscribe](#)

What's Included?

- 24 Issues Per Year
- Optional Print Edition
- Digital Edition Access
- Exclusive Subscriber Content
- Audio provided for all articles
- Unlimited access to past issues
- Coming Soon! Ad FREE
- 60-Day money back guarantee!
- Cancel anytime.