



Written by [Veronika Kyrylenko](#) on June 6, 2023

## Prof. Mattias Desmet: Disrupting Mass Formation with Speaking Out

In this interview with The New American, Belgian clinical psychologist Mattias Desmet speaks about the phenomenon of mass formation and its role in totalitarian states. Masses can be formed either spontaneously or by means of propaganda and indoctrination, which are in full swing in the West. The professor also outlined why totalitarianism is a consequence of “mechanistic thinking and the delusional belief in the omnipresence of human rationality.”



Please follow Professor Desmet on [Substack](#) and [Twitter](#).

His book *The Psychology of Totalitarianism* is available [here](#).

The conversation took place at the [Better Way Conference](#) in Bath, U.K. organized by the [World Council for Health](#) on June 2-4.



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