



Written by [Ben Armstrong](#) on September 2, 2022

Stop Saying You're Sorry

https://media.blubrry.com/1462062/thenewamerican.com/assets/podcast/TheBenArmstrongShow/BA_220902_StopSayingYoureSorry.mp3

Podcast: Play in new window | [Download](#)

(Duration: 24:09 — 33.4MB)

Subscribe: [Android](#) | [RSS](#) | [More](#)

Saying you're sorry doesn't change you. They are just words. This is a shocking statement for some people. If you want real change, watch the video.



DISCLAIMER: Views and opinions expressed on The Ben Armstrong Show are solely those of the host and do not necessarily represent those of The New American. TNA is not responsible for, and does not verify the accuracy of, any information presented.



Subscribe to the New American

Get exclusive digital access to the most informative,
non-partisan truthful news source for patriotic Americans!

Discover a refreshing blend of time-honored values, principles and insightful perspectives within the pages of "The New American" magazine. Delve into a world where tradition is the foundation, and exploration knows no bounds.

From politics and finance to foreign affairs, environment, culture, and technology, we bring you an unparalleled array of topics that matter most.



Subscribe

What's Included?

- 24 Issues Per Year
- Optional Print Edition
- Digital Edition Access
- Exclusive Subscriber Content
- Audio provided for all articles
- Unlimited access to past issues
- Coming Soon! Ad FREE
- 60-Day money back guarantee!
- Cancel anytime.