



Written by [Selwyn Duke](#) on December 12, 2022

Ex-Navy SEAL “Detransitioner”: Don’t Believe a Word I Said When I Was “Trans”

“I was used.... I was very naive; I was in a really bad way, and I got taken advantage of.” So said Chris Beck, who for about a decade went by “Kristen Beck” after claiming to have transitioned to being a woman.

Beck was a convenient poster boy for the MUSS (Made-up Sexual Status, aka “transgender”) cause, too, with two decades of U.S. Navy service that included being on SEAL Team Six, a baker’s dozen of deployments, and earning more than 50 service-related medals and ribbons. But now he says:



Wikimedia Commons
Chris Beck

“Everything you see on CNN with my face, do not even believe a word of it.”

Beck made his comments to conservative commentator Robby Starbuck in an interview published early this month. He has come forward to undo the damage his former testimonials have done and to issue a warning: MUSS-related “services” are destroying children.

Beck’s story was the stuff of media wokesters’ dreams. As writer Kara Dansky [relates](#) at Substack:

In June of 2013, Advances Press published *Warrior Princess: A U.S. Navy SEAL’s Journey to Coming out Transgender*, by Kristin Beck and Anne Speckhard.

... The following year, CNN produced the film, *Lady Valor: The Kristin Beck Story*. CNN states: “Despite 20 years as a U.S. Navy SEAL, Kristin Beck says her struggle for acceptance as a transgender American represents her most difficult mission.”

From 2013 through around 2017, “Kristin” was all over the media, from USA Today (“A Navy SEAL’s biggest secret: Life as a Transgender”) to the BBC (“The US Navy Seal who went from Chris to Kristin”) to Business Insider (“Meet Kristin Beck, the transgender Navy SEAL hero fighting Trump’s proposed trans ban”) to GQ Magazine (“Kristin Beck: A Navy SEAL in Transition”).

The message was convenient, too: You can be the ultimate man’s man, a Navy SEAL, and still really be a woman deep down. Beck stated this to CNN’s Anderson Cooper at the time, espousing the typical MUSS narrative. “It is a constant,” he [said](#), [relates Breitbart](#). “But as you suppress, and as you bottle it up, it’s not that on the surface. So maybe I could put it back a few different layers. You would never notice it.”

Now, “Kristin” has “announced that he is going back to Chris, but the legacy media won’t tell you that,” writes Dansky. “Suddenly the media is silent.”



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“The only sources that will tell you about it are Christian conservative sources,” she continues. “Part of the reason for that is that Beck found his way out of the ‘trans’ craze by becoming Christian.”

For sure, Beck’s confession isn’t what the media want to hear. Per Breitbart again:

“Everything you see on CNN with my face, do not even believe a word of it,” Chris Beck told ... Robby Starbuck.... “Everything that happened to me for the last ten years destroyed my life. I destroyed my life. I’m not a victim. I did this to myself, but I had help.”

“I take full responsibility,” he continued. “I went on CNN and everything else, and that’s why I’m here right now. I’m trying to correct that.”

Beck described being “very naive” at the time of the Anderson Cooper interview and that he had been “taken advantage of.”

I got propagandized. I got used badly by a lot of people who had knowledge way beyond me. They knew what they were doing. I didn’t,” he said. [Introductory video below.]

Navy SEAL Chris Beck came out in 2013 as transgender. [@andersoncooper](#) did a special on [@cnn](#) about it. His story was used as propaganda to allow trans people in the military and to popularize the issue. Now Chris is ready to expose the truth. Watch here:

<https://t.co/ChbjE6Kgly> pic.twitter.com/wQbGPln9K3

— Robby Starbuck (@robbystarbuck) [December 1, 2022](#)

As mentioned earlier, Beck is speaking out now, he says, to protect children. As Fox News [tells us](#):

“There are thousands of gender clinics being put up over all of America,” he said. “As soon as [kids] go in and say, ‘I’m a tomboy or this makes me feel comfortable’ and then a psychologist says, ‘oh, you’re transgender’. And then the next day you’re on hormones - the same hormones they are using for medical castration for pedophiles. Now they are giving this to healthy 13-year-olds.”

“Does this seem right,” he asked. “This is why I am trying to tell America to wake up.”

Beck said that when he began transitioning, it took just an hour-long meeting at Veterans Affairs to be offered hormones.

“I walked into a psychologist’s office [and] in one day I have a letter in my hand saying I was transgender. I was authorized for hormones. I was authorized all this other stuff,” Beck said.

Tragically, this is in essence the experience many minors have, too. The billion-dollar MUSS mutilation industry’s minions quickly go through the motions necessary to “transition” kids — and make big bucks in the process.

Beck’s repudiation of his MUSS-days testimonials is instructive. The media will widely disseminate MUSS individuals’ words as if they’re experts, ignoring that they’re actually something else: psychologically ill.

“Gender dysphoria,” the strong and persistent sense that you’re stuck in the body of the “wrong” sex, is a severe mental problem. Taking the counsel of someone in its grip is like heeding the advice of an



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alcoholic on sobriety, of a heroin user on drug policy, or of a sadist on pain management.

Some MUSS individuals — such as an internet commenter who wrote, “I wouldn’t wish this on my worst enemy” — may know this. They deserve compassion. But any activist trying to convince people that the MUSS abnormality is just another legitimate state of being is harming society. Such a person should be scorned, ostracized, and receive not even a moment of tolerance.

For those interested, Beck’s entire interview with Starbuck is below.



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