



Written by [Veronika Kyrylenko](#) on October 11, 2023

Dr. Peter McCullough: Staying Healthy in Post-Vax World

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For several decades, the United States has grappled with significant public health challenges. Well before the onset of the Covid pandemic, the country faced an obesity epidemic and its associated conditions, including diabetes, sleep apnea, hypertension, atherosclerosis, osteoarthritis, and cardiovascular diseases. The pandemic-related policies have not only worsened these pre-existing problems but have also given rise to new, even more critical issues. Fortunately, there are dedicated physicians and scientists actively seeking answers and solutions, and Dr. Peter McCullough, a renowned cardiologist and internist, stands out as a prominent figure in this group.

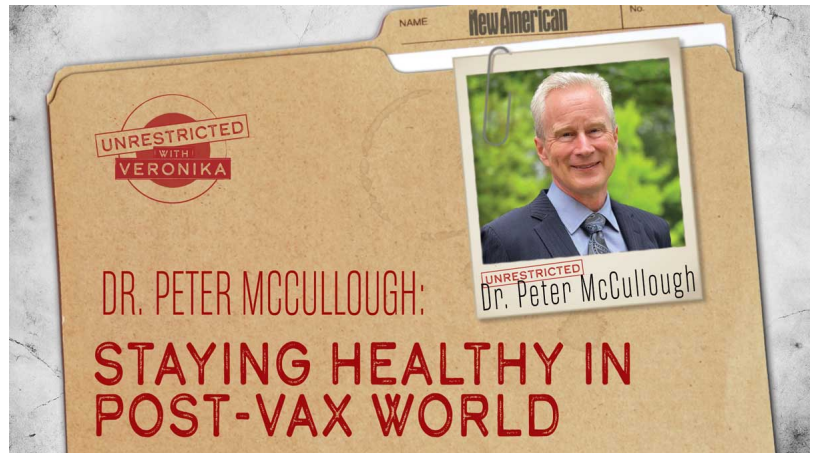
In this interview with *The New American*, Dr. McCullough addresses urgent concerns regarding the deteriorating health of the American population and offers valuable medical advice on strategies and measures to alleviate and overcome these challenges. Talking about the damage done by the mass vaccination campaign against Covid, the doctor distinguished five major areas of risks from Covid injections: initiation or acceleration of cardiovascular, neurologic, thrombotic, immunologic conditions, and oncogenesis (cancer). While many questions on the mechanisms of harm, dose-dependence, and the role of individual predisposition to diseases remain unanswered, it is clear that mRNA from the injections and spike protein cause significant damage that may be fatal. While American healthcare agencies acknowledge some of the risks, they still recommend getting inoculated. These risks are not properly outlined in the informed consent forms, nor is any advice given on how to deal with the side effects. Multiple scientific papers have confirmed that the known risks of Covid injections far outweigh any potential benefits, stressed Dr. McCullough, adding that he and his colleagues around the world have long been calling for the complete removal of Covid shots from the market.

Dr. McCullough shared good news about the scientifically proven approaches to detox from spike protein and about the mitigation of the damage done to the vaccinated. The findings outlined in his [recent paper](#) present evidence on the beneficial effects of Nattokinase, bromelain, and curcumin.

Here are some sources to stay updated on Dr. McCullough's work:

Website: <https://www.petermcculloughmd.com/>

Substack: <https://petermcculloughmd.substack.com/>





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Twitter: https://twitter.com/P_McCulloughMD

Podcast "The McCullough Report" <https://www.americaoutloud.news/the-mccullough-report/>

Book "*The Courage to Face Covid-19*" <https://couragetofacecovid.com/>

The Wellness Company: <https://www.twc.health>



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